

Depression Medication Table

Medication Name	Dose Schedule	Side Effects
<p>Fluoxetine (Prozac)</p> <p>For ages 8 and older</p>	<p>Start daily test dose for 1-2 weeks of 5 mg for age 12 or 10 mg for age 12+</p> <p>If test dose tolerated, increase to target daily dose of 10 mg for < age 12 or fluoxetine 20 mg for age 12+</p>	<p>Common: nausea, insomnia, drowsiness, dry mouth, weight changes, sexual dysfunction</p> <p>Uncommon: increased anxiety, sweating, tremors, diarrhea</p> <p>Rare: suicidal ideation, worsening depression, agitation, mania</p>
<p>Escitalopram (Lexapro)</p> <p>For ages 12 and older</p>	<p>Start daily test dose for 1-2 weeks of 5 mg for age 12+</p> <p>If test dose tolerated, increase to target daily dose of 10 mg for age 12+</p>	<p>Common: nausea, insomnia, drowsiness, dry mouth, weight changes, sexual dysfunction</p> <p>Uncommon: increased anxiety, sweating, tremors, diarrhea</p> <p>Rare: suicidal ideation, worsening depression, agitation, mania</p>
<p>Sertaline (Zoloft)</p> <p>*Evidence based medicine supports this medication</p>	<p>Start daily test dose for 1-2 weeks of 12.5 mg for age 12 or sertraline 25 mg for age 12+</p> <p>If test dose tolerated, increase to target daily dose of 25 mg for < age 12 or sertraline 50 mg for age 12+</p>	<p>Common: nausea, insomnia, drowsiness, dry mouth, weight changes, sexual dysfunction</p> <p>Uncommon: increased anxiety, sweating, tremors, diarrhea</p> <p>Rare: suicidal ideation, worsening depression, agitation, mania</p>